

AED INSTRUCTIONS

- 1) **CONFIRM:** no breathing, no pulse, unconscious
(shake/call)
- 2) **DESIGNATE:** person to call 911 and bring AED
- 3) **START CPR:** chest compression's 100 -120 bpm
depth 2 – 2.5 "
- 4) **TURN AED ON/APPLY PADS:**
 - use picture on pads for placement
 - apply to bare skin
 - connect cable to AED machine
 - stop CPR while machine assesses
- 5) **FOLLOW INSTRUCTIONS:**
 - eg stand clear, continue CPR

NOTE: If **NO** shock recommended continue with CPR until EMS arrives or person regains consciousness.
If shock **IS** recommended, stand clear and follow instructions following shock. Eg additional shock, continue CPR.
At 2 minute intervals machine will ask for CPR to stop for analysis.

[Click to watch video on using an AED](#)